Remember when you were a little kid and reading stories had more pictures than words? Along with encouraging our imagination, authors were fostering the creative interpretation of their stories.

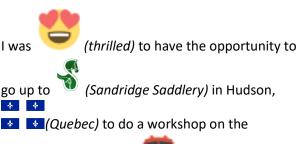
My entire blog today will be done in the same fashion using emoji's. For those of you struggling to get back to your inner child and need help deciphering this blog I have included hints in italics...

Here we go!



Last week had some (wins) for me.





importance of mental



'ing (training) in the



(off season).



(riders) that showed up to





(time) to attend what could

have been a super



(boring) subject turned

out to be



(awesome). They were engaged,



## Sunday brought more fun with our weekly



(Strength) Training sessions. The newest

addition to this is the



(ponies) only group.

We caught a bit of it on



(video)!

Check it out here: https://youtu.be/8zNw-



**UPuJsE** Sammy and



(Rosie) were rock



The afternoon brought about the most



(laughing) I've heard in a very long



Our super coach



(Megan) ran the first



practice of the newly formed

Club and it was (awesome)! I had forgotten how many fundamental skills can be

learned and practiced through



Watching the kids lean and reach to pick up



(objects) without worrying about falling

off... throwing, jumping, above all else co-operating in order to achieve a

common goal:



The giggling, laughing

and comradery was







This week thankfully reminded me why we all got

started in this great sport,

(horses). And

for a lot of people a feeling of (belonging). Horses don't judge you, in fact I believe that they want you to learn their language. And of course they can't tweet or snapchat or blog, so you can tell them anything

and feel (Safe) that they will keep your words all to themselves.

I watched my daughter canter bareback for the

first time this week and the sheer look of



(delight) on her face was



(priceless). Her

words, 'it was just like flying'.

The coming weekend there will be more (laughing) and playing on horseback at 1:30pm on Sunday and no you don't have to be a kid to play,

just a kid at (heart).

Sunday (Strength) (Training) continues, if you haven't signed up already send me an email and I will add you to a group.

And a big (Thank you) to everyone that has returned their show season questionnaires

either online or on *(paper)*. If you haven't done yours yet there are paper copies in the barn or check out the student section of the website to find the online version.





Now stop reading and go (horse)!

Ruth

P.S. No Emoji's were (injured) during the writing of this blog, and I hope it didn't make you

H

want to

(barf) because that would be

